

Preserving our environment

We are the students of Room 2 at Paparoa School. We have joined up with Whitebait Connection to learn more about Inanga (whitebait) and healthy/unhealthy streams. So far this year we have visited 'The Landing', learning about the Inanga habitat and looking at the health of the stream. We learnt the Inanga spawn in the long grass down at 'The Landing' starting from April through to September. As this was new learning for us, we thought about all the people who visit 'The Landing' and also don't know anything about the spawning site. This is a problem because people will step on the long grass, killing the Inanga eggs. This is the same for dogs!

We have decided to adopt 'The Landing' so that we can look after the Inanga, making sure that they can continue to spawn and stay safe. At the moment we are writing to the Kaipara Council to ask them if we can have a fence put in front of the spawning site and a notice to teach visitors about the Inanga and their habitat.



1. The eggs are laid during high spring tides in the intertidal vegetation and develop out of water for 2-4 weeks. The vegetation protects the eggs from drying out but also protects them from predators.

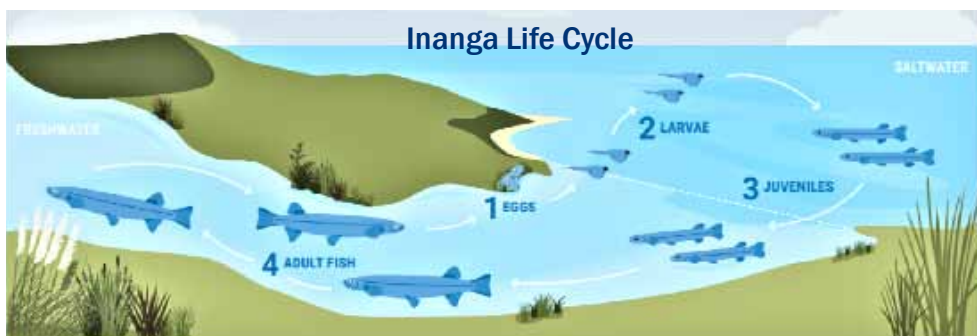
2. The following spring tide stimulates the eggs to hatch and larvae are carried to the sea to feed and grow.

3. After about six months inanga migrate back into freshwater as juveniles (whitebait). They remain in the lower parts of rivers while they adapt to their new freshwater environment and change into the adult form. They then move further upstream in search of suitable adult habitats for rearing.

4. Once inanga reach maturity in freshwater, they move downstream to their spawning sites. Spawning occurs on bankside grasses where the saltwater wedge penetrates freshwater at high tides.



Room 2 Paparoa School



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Paparooa Press PP

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for Paparooa, Pahi, Matakoho,
Whakapirau and Tinopai.

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ADVERTISING

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15th of month

Publication date 1st Wed of month



Paparooa School news

Wow where did the time go? As I write this, we are heading into the halfway mark of Term 2. Along with the rest of Northland, the students are constantly battling the Armyworm that are attacking all the veges in the garden, even getting through the netting into the brassicas.

They are all quite fascinated that they turn into green slime when you squish them, but this has become an interesting inquiry for the older students. We managed to salvage some radishes, harvest the last of the tomatoes and pick some Cos Lettuce leaves ready for our kitchen day on Tuesday.

I'm thinking Vietnamese 😊

We have quite a lot of events coming up at the end of Term which we are slowly organizing. On Tuesday 27th June we are having a 150th Anniversary Celebration for Paparooa School. All ex students, staff and whanau are invited to come and have a catch-up, a cuppa and kai plus a walk down memory lane. There is currently a magazine being put together and I know the attendees will be eager to see if their faces and those of their whanau are in it.

In the classroom, recycling has been one of the main topics. The older students have been looking at how we can introduce a better recycling system within the school that is sustainable and easy to manage. They have been looking into the process of recycling as well as the system that we have in the

Kaipara. Thank you to Kaipara Recycling Centre in Ruawai that have supported us with our cardboard and paper war, now doing a monthly pick up.

As well as the recycling, gardens and cooking, composting and worm farming the students have been continuing to work with Whitebait Connections around the stream environments as well as the Inanga (whitebait). Please support the actions they have decided to take on.

Also, a big Shout Out to the Ventia team for stopping by to fill in the potholes in our carpark. I know they have been and still are working tirelessly to restore the roading system in the Kaipara due to all the weather events we have been having.

Ka Kite Ano

Karyn Taylor
Principal

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More single-use plastics on the way out



As part of their ongoing Product Stewardship program, the Government is banning more single-use plastic items from July 1st.

These will be the following:

- Plastic produce bags
- Plastic plates, bowls and cutlery
- Plastic straws
- Plastic produce labels

The best thing we as consumers can do is change our thinking around ALL our purchases and REFUSE to buy unnecessary or overpackaged items. REDUCE what we can't avoid and carry REUSABLE coffee cups, containers and cutlery in our cars with our reusable shopping bags. PP

**A reminder to
our contributors!**

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparooa Press are the author's own and not necessarily those of the editorial team or PPI.



Council Mark says – The future has just arrived

I recently got around to trying out the new artificial intelligence program ChatGPT. I asked it for 300 words about the principles of democracy, and this is what it provided more or less instantly.

It may have exceeded my word limit but it is impressively scary and awesome at the same time. What do you think?

Democracy is a form of government in which power is vested in the people and exercised through a system of representation and participation. At its core, democracy is built on a set of fundamental principles that ensure the rights and freedoms of individuals while promoting the common good. These principles are integral to a functioning democratic system and provide a framework for decision-making, governance, and citizen participation.

The first principle of democracy is popular sovereignty, which means that ultimate power resides in the people. This principle requires that citizens have the right to participate in government through free and fair elections, and that the government is accountable to the people. Popular sovereignty also entails the protection of individual rights and freedoms, such as freedom of speech, religion, and assembly, and the right to a fair trial.

Another key principle of democracy is the rule of law, which means that everyone is subject to the same laws and regulations. This principle is fundamental to maintaining order and stability within a democratic society and ensuring that individuals and institutions are held accountable for their actions. The rule of law also requires that the legal system is fair,

impartial, and transparent, and that justice is administered in a timely and effective manner.

A third principle of democracy is pluralism, which recognizes the diversity of interests, values, and perspectives within a society. Pluralism requires that different groups have the right to express their views and participate in the political process, and that decisions are made through a process of negotiation, compromise, and consensus-building. This principle fosters social cohesion and promotes respect for the rights and dignity of all individuals, regardless of their background or beliefs.

Finally, democracy requires a commitment to transparency and accountability. This means that the government must be open and transparent about its decision-making processes and accountable to the people it serves. Citizens have the right to access information and to hold their elected representatives and government officials accountable for their actions. This principle is essential for ensuring that democracy remains responsive and effective in addressing the needs and concerns of its citizens.

In summary, the principles of democracy include popular sovereignty, the rule of law, pluralism, and transparency and accountability. These principles form the foundation of democratic governance and ensure that power is exercised in the interest of the people while protecting individual rights and

freedoms. By upholding these principles, democracies can promote peace, stability, and prosperity, while safeguarding the fundamental values and principles that are essential for human dignity and well-being.

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White Rock Gallery on the move

After a wonderful 2 years in Ruawai, White Rock Gallery is excited to be taking up the offer of space at The Kauri Museum, Matakoho, opening 1st July 2023. Many thanks to The Kauri Museum for this opportunity. We are leasing 3 rooms at the rear of the Old Post Office and Telegraph building. It will be a privilege to house our Gallery in this heritage building, and will give visitors a different experience to see the work of local artists and crafters displayed in an iconic local landmark.

Whilst in Ruawai we have met some lovely people and gained a lot of supporters for our local artists and crafters, but time to move on, be re-energised and grow. Members of White Rock Gallery will be looking forward to seeing you all at Matakoho.

We are busy painting and decorating the new space and will have it all looking fresh and inviting, ready to hang our members' original artwork, and display the crafts made by our talented crafters.

White Rock Gallery was set up in 2015 to support and encourage Kaipara artists and after 8 years are still going strong. Members have come and gone for various reasons, and new members are very welcome, so if you think you would like to be part of this vibrant group, as an artist, crafter or as a 'Friend of the Gallery' send an email to whiterockgallerynz@gmail.com or ring 0212654067 to find out what we are about.

Now things have settled down after covid etc, White Rock Gallery hopes to be applying for grants to provide workshops on various art and crafts during the next year, so keep an eye out for these advertised in local press and facebook.

Opening hours 7 days 10.00am to 4.00pm

Opening 1st July 2023 in Matakoho

White Rock Gallery Committee

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The amount of selenium in a given type of plant-based food depends on the amount of selenium in the soil it was grown in and several other factors, such as soil pH, the amount of organic matter in the soil, and whether the selenium is in a form that is amenable to plant uptake.

Vicky

Letters from The Old Post Office...

Wandering amongst the wondering

Laying languidly on my couch of ill health, pale hand draped across pallid forehead (very like "a Dame aux camélias", just much less beautiful and without the camellias)* my thoughts took to wondering.

Wondering why we say certain things, yet never pause to question why we say them or even where they originate. I possibly had a temperature. Something, Dear Reader, that you may be rapidly developing.

Nevertheless, I pondered. The word "lukewarm" for instance. How did we get that particular combination? Is there some particular quirk to a "Luke's" physiology that they remain forever not quite hot? In fact, not even really warm enough. I mean Dear Reader, is this a purely physical reference: a luke warm bath? a luke warm cup of tea? Or the more metaphorical reference to someone who lacks conviction, wishy washy, in fact.

However, I digress. After some agitated reflection I managed to scroll in an enervated fashion through the possibilities. Surprisingly no reference was made to anyone called Luke, but rather a biblical reference from Revelation 3:15-16: "I wish you were cold or hot. So because you are lukewarm, and neither hot or cold, I will spit you of My mouth". Not to be taken literally, of course.

Then there is the middle English word "hleowe", which means, surprise surprise, warm!

Or the Anglo-Saxon "wlæc", the older meaning of which was 'weak. Oh you old mongrel,

English language.

Warning detour ahead. Good old Britain invaded by waves of other peoples and cultures: the Celts circa 400BC, conquering Kent and southern England and, super-imposing their language. The Romans, 55 BC, Normans, 1066 and just for fun the in-between little sorties by the Anglo-Saxons and the Vikings. All doing their, often unwelcome, bit to add diversity and their language to the pot. French, German, Celtic languages etc etc then giving it a good old stir in the years that went by.

Of course, somewhere along the line we mainly interpret luke-warm to mean something not particularly decisive or kind of warm only. (I do sometimes wonder if the phrase throwing the baby out with the bath water could refer to the hardy, smelly and unwashed British, refusing to make use of the plumbing luxuries that the Romans left behind them).

Well, Dear Reader, that took a while to go around the mulberry bush, so back to my couch and will finish off my wandering, possibly in more ways than one, with the word "Goodbye."

For the more secular amongst us, you do realise that in rather a sweet fashion we are actually saying, "God be with ye." In ages past travel, actually just

life in general, was perilous and there was no guarantee that one would see friends and family again (dysentery, plague, diphtheria, mad horses, dogs, Englishmen, the pox, fatally annoying the King...) Living was a fraught business, death just a short knock away, so the farewell was a prayer that God would be with them on their journey.

Of course, we may take up saying "Goodbye" more fervently today as we dodge the potholes of modern life.

I bid you a languid Adieu

Deb

* a Dame aux camélias, by Alexander Dumas. a 1850's French novel about a young man's illicit love for a courtesan who, naturally, ends up on a couch dying of T.B, alone except allegedly, for the camellias.



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Security cameras at Depot

In order to increase security at the Paparoa County Depot Trust property in Depot Rd the trust has installed four security cameras that survey the area on a 24/7 basis. As the area is accessed by the hirers of the storage units plus the FENZ volunteers it is not practical to use security fencing. Modern surveillance cameras are reliable and give peace of mind. Already



one unwanted visitor has been detected!

The Depot facility is a valuable community asset returning surplus funds to worthy organisations.

The trustees would like to thank Bryce Frewin Locksmith for providing the camera equipment and to Bryce and Cohan Yorke for assisting with the installation. Thanks guys!

PCDT

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It's a fine line...

Community Service? Who is it? What is it? Do we need it?

As the co-editors of Paparooa Press we are often asked to run free advertising, and I wish we could- but where does it end?

We often have to tread a fine line in deciding what is our duty as a community paper and what is actually advertising.

We are producing a free paper and need to be able to cover costs to do this. Are we not a community service, presenting a free paper to over 1000 of our community? This got me thinking about

community services...

Which community groups are you supporting? We have a library, Coast Guard, local halls, sports groups, Lions, Progressive Paparooa, NKKA, school groups, activity and hobby groups, St Johns, Selwyn Centre, budget services and counselling, Linking Hands, Grow Paparooa, The Den, to name a few... What are you doing to keep these groups and organisations going?

We need people to volunteer and use the services that are available to ensure they can carry on with what they do. I understand that things have been tough lately, but when things are tough, it is the community, neighbours and friends who can help. But we must nurture these relationships.

We have all felt the social impact of the pub closing- so what services and facilities do

you want in your community?

We are grateful for all the positive comments we get at the Press, and the wonderful advertisers - some of whom advertise just to support the paper - and who deserve community support in return. Also, to our Press Gang, our regular contributors and proofreaders, our volunteers who deliver the Press, my co-editor and all those who contribute in a multitude of ways- thank you.

We all need support, and we need you to send us information about what is going on in our community - and send us photos! We want to celebrate and support all your local events. Email to press@paparooa.org.nz.

I celebrate all those volunteers already working hard to develop a great community. Who are you choosing to be and what do you want to keep or grow in our community?

Vicky



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Annual speech contest

Paparooa Lions Club recently hosted their 39th annual speech contest for local schools.

This year the finalists were, in Juniors (years 5 & 6), Taylor Sheppard, Lennox Hamlin (both Matakoho School), Keoni Inwood (Otamatea Christian School), Jaxson Sheppard and Ellise Mackenzie (both Maungaturoto Primary School). Seniors (years 7 & 8) were Ryan Cullinan, Kason Frost (both Matakoho School), Laura Cullen, Felix Longdon (both Otamatea Christian School) and Mia Asuncion (Otamatea High School).

The winners were:

Juniors:

- 1st- Jaxson Sheppard
- 2nd- Ellise Mackenzie

Seniors:

- 1st- Mia Asuncion
- 2nd- Kason Frost
- 3rd- Felix Longdon



The judge was Sir Lockwood Smith and he was very impressed with the high standard, praising in particular, Mia Asuncion for her outstanding delivery.

Congratulations to all this year's finalists and winners- you should be very proud of yourselves.



I've been thinking ... Bribery

Bribery is a word with all sorts of negative connotations. Both briber and bribee are considered somewhat morally loose.

But consider the word incentive. It is quite legitimate to offer or claim an incentive. They are in common use in the commercial world: think sales targets, company profit and bonuses.

In both cases rewards are offered if certain actions are taken.

Which brings me to the covid vaccination campaign. Different organisations sponsored vaccination events and gave goodies to persons having the jab. Were these rewards bribes or incentives?

More latterly we have had a census. (This is rapidly becoming a 5 yearly debacle rather than an efficient counting of the population. Even the census workers have a quarrel with the Department of Statistics, but I digress.)

Apparently not enough people filled in the forms. (Not surprising when so many forms were never delivered. I didn't get one and my neighbour is still waiting- after two phone calls to the Dept. But I digress again)

So money was spent on TV ads somewhat obviously targeting Maori and Pacifica and asking for compliance with what is after all a citizen duty. Then the sweetener. Return your form for "stuff".

This is our revered Government offering citizens a reward for doing what they should have been doing anyway. Bribery or incentive? What is next?

October 14th approaches. It's the perfect chance for the Government to persuade us all to vote. Living where we do, Warriors tickets or fast

food vouchers are of limited use. What goodies can we hope for at the polling booth? Chocolates? Booze? Come on Government. You have set the standard. We all want a share. And we'll call the goodie bag an incentive rather than imply that our leaders have been morally lax.

RS



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COMMUNITY CHAMPIONS

Sports and Recreation Committee

This committee is responsible for running the Sports Pavillion at the A&P Showgrounds, which used to be the old rugby club. They have been keeping our community active with the new all weather walking track and exercise stations (more to be built, any ideas?) as well as our fun walk run event run each April.

On Tuesdays they run a table tennis event with free coaching for 8-18year olds.

Other regular group activities are Ready Steady Wiggle and Yoga.

The committee is currently Pete Hames, Libby Jones, Jane Bailey, Stephen Findlay, Estelle and Bruce Lydiard, Mervyn Foot, Bianca Davies, Jan Dallas and Ken Chambers.

One of the ways they fundraise to pay for the costs of running the pavillion is an annual community dinner which allows locals to socialise and meet new people. The next one is on 17th June, see front page for more details.

Ring Jane Bailey to book the pavillion on 09 431 6148.

It's a busy place with many groups using it for activities and meetings. They meet on the 4th Wed of the month.



PP

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GROW WHAKATIPU Paparoa Inc

Our first raised bed is completed and has been filled with pak choi and broccoli. It is always great to see progress happening and we hope it will enable more people to enjoy the gardens.

On the other side of progress, we like so many people are suffering from an invasion of army worms. Sadly we have either not had, or had a very small harvest for a few weeks now. If anyone has any excess produce that they would be willing to share we would be very happy to take it for the food banks we supply. Additionally if you have any advice on how you are dealing with army worms in your garden please get in touch and share any tips you may have.

Our secondhand shop, Aladdin's Cave, will be closed for the foreseeable future. We are in the process of clearing it out to prepare for an upgrade to our facilities therefore we shall be organising a Saturday when we will be offering anything in the shop for free. Please keep an eye on facebook for the upcoming date of this event.

We will also be raffling off a trailer of firewood at the Saturday Farmers' Market in Paparoa this month. Hope to see you there.

Katie Fullerton

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Celebrating a right Royal do!

On Thursday 4 May the Selwyn Centre family acknowledged the Coronation by making the Coronation by making crowns for themselves - with a little assistance when required. They had a great time doing it and discussing the coronation amongst themselves.

Gael Johnston



Marcelle Chambers



Dorothy Quaife



Pat Sutton



Beatrice Foote



Una Chandler

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Press Release - Sustainable Kaipara

Why Waste-to-Energy is not the solution for our future

Waste-to-energy (WTE) has been promoted as a solution to our growing waste problem, but recent studies show that it is not a viable long-term solution. In fact, it poses more harm than good to the environment and public health. Sustainable Kaipara is responding to the Kaipara District Council's (KDC) announcement that they will investigate WTE options for Kaipara. Sustainable Kaipara believes this is a significant step in the wrong direction.

There are already affordable and sustainable waste solutions

Sustainable Kaipara applauds KDC for recognising the waste crisis we are in and looking for alternative solutions to the status quo. Instead of investing in WTE facilities, Kaipara should focus on implementing improved recycling services, investing in composting and other organic waste management solutions.

Sustainable Kaipara's Sarah Bray said, "in Kaipara, 45% of our weekly waste is organic waste, so by simply collecting food waste from households we can almost halve the amount of waste going to landfill – and it doesn't need to cost millions of dollars or risk our environment and health."

The Ministry for the Environment is currently working to transform the waste system in Aotearoa through mandatory organics collections and banning hard-to-recycle plastic items. These approaches can not only reduce the amount of waste sent to landfill but also generate valuable resources that can be reused, recycled and replenish our depleted soils.

WTE is the process of burning waste to generate energy, which can then be used to power homes and businesses. The concept is based on the idea of reducing waste going to landfill and generating energy at the same time. However, this technology is far from being clean and sustainable.

Health impacts

Although WTE technology has improved over the years it still poses a significant risk to public health, particularly for

those living near the facilities. It produces toxic pollutants such as dioxins, mercury and cadmium which have been linked to cancer, nerve damage and birth defects. This air pollution is not only inhaled by locals, it falls onto our land to be eaten by livestock and washed into our waterways. The by-product of the incineration produces fly ash, which can be input into roading and construction. However, studies show heavy metals are released from the ash into the environment, which even in low concentrations are highly toxic and bioaccumulate over time.

Landfills as a transitional technology

Sustainable Kaipara is opposed to a landfill in the Dome Valley due to the sensitive nature of the proposed site, its flood-prone location and as a tributary waterway to our largest harbour. However, we recognise landfills are a better transitional technology towards a circular economy because we can reduce what we send to it over time. WTE plants need a constant supply of waste every day – there is no incentive to reduce waste. Local governments are tied to lengthy contracts to supply significant amounts of waste.

A high cost method to dispose of waste and generate energy

Burning waste, especially household waste, is not an efficient way to generate energy. Organic waste would need to be separated out of any mixed feedstock for WTE because the high moisture content means it doesn't burn well and increases dioxin creation. It costs more to burn waste for energy recovery

than most existing energy sources. It's also the most expensive way to handle waste compared to alternatives such as composting, recycling and landfill. The capital costs to build and maintain WTE plants are very high. In the U.S., at least 31 municipal solid waste incinerators closed between 2000 and 2020, largely due to the financial burden caused by necessary pollution control requirements.

Waste-to-Energy internationally

International examples of WTE should be looked at with caution as many countries, including Wales, are now either decommissioning WTE plants or placing moratoriums on any further ones since they are not compatible with a move to a circular economy. As put by Mark Hilton from Eunomia

"incineration is essentially yesterday's technology – a transitional technology that was useful for a time in Europe and elsewhere – New Zealand should leapfrog it to focus on circular economy."

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BOOKS AND BOOKCLUBS

There are about as many varieties of Bookclub as there are books. Not all novels are published in book form, we can read or listen to them on apps on our numerous devices, and we can even have access to e-libraries and e-bookclubs. If your Bookclub all read the same book then pull it apart, person by person, opinion by opinion, then an e-library is an inexpensive way to do that online. But seeing as most printed books, even brand new, cost less than dining out, it is also practicable to each buy your own, and then it is on the shelf if there is a power cut or if you wish to read it again. In these uncertain days it is a very good idea to have a well stocked bookshelf. Then there are libraries or bookclubs that issue a set of the same book which is then returned. Some of these have sets of questions for discussion.

Around our community there are numerous supplies of cheap or free books that have been read and passed on, and the "not too serious" type of Bookclubs are great for recommending best reads and passing them on. This type of Bookclub is also very therapeutic and well known

for socialising and relationship building. Sometimes the wine and nibbles or tea and biscuit chats take up more time than reviewing the books, which becomes secondary. But even the reviewing can be taken very seriously, one Bookclub I know writes written reviews of three books each, and reads them out in turn, then the books are checked back into the library and anyone wanting to read them has to check them out again if they are not already on hold.

If you are looking for reviews of the latest best-sellers they are easy to find on the internet and you don't need me. Just Google "latest best-selling books," and an assortment of sites is presented for you to peruse; or search facebook for "crazybooklady". However, if you are looking for treasure amongst the piles of pre-read books available, you can't beat word of mouth. There is nothing more inspiring than an avid book lover excitedly describing their latest good read.

One "lost in the crowd" book I came across recently is titled "The Book Woman of Troublesome Creek," by Kim Michele Richardson. A novel set in the reality of Pack Horse Librarians in Kentucky in the 1930s. These Government librarians, mostly women, carried books by pack horse into remote areas of Kentucky, returning each month. Troublesome Creek still exists today. The fictional Bookwoman of this story is blue-skinned, a real condition caused by a genetic blood disorder and inbreeding. The harsh conditions of this backwoods coal-mining community and the prejudice and cruelty dealt her makes for very sobering, thought-provoking reading.

Whatever your reading and Bookclub preference, may magical stories enrich your life, inspire the noble within, enrich and enhance your journey. 'Til next month.

Anne Bate



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A team of 25 Fire and Emergency personnel have left for Alberta to help fight wildfires that are raging across the Western part of Canada- including Paparooa's own local hero Ken Ogilvy. Your community is proud of you Ken!

Fire and Emergency NZ sent a contingent of four five-person crews, an agency representative, taskforce leader, two air specialists and an incident commander as part of an Australasian contingent that will support Canada's firefighting operations.

International deployments are an important part of what FENZ do, supporting our partner countries in their time of need, as they would help us if we ever needed it.

This is not the first time our people have been deployed overseas to help. They've previously helped in Australia, Canada, the US, Japan, Turkey and Pacific Island countries to help with wildfires, flooding and natural disasters.



OCS June News

NO COMMUNITY LUNCH IN JUNE

You may be reading this after the 7th of the month, so you may have wondered why there was no community lunch as usual - we apologise for any inconvenience. The chairman of our Board visited those at the May lunch to explain what we were planning to do.

There has been a drop in the number of guests attending of late, and we do appreciate that there are various reasons why people cannot attend. Our focus remains on providing a regular outing for those in the community who might not otherwise have a chance to go out and socialise over a cuppa and lunch. However, we must ensure our caterer makes and delivers enough meals to be worthwhile. We love this monthly event and don't want to stop doing it, so, for a while we will try holding it every second month.

Shopping: dates for June are as follows:

Free shopping trip to Whangarei on **Tuesday 13th** and **Wednesday 28th**. The van leaves the retirement village at 9am and arrives back after lunch. You can do your grocery shopping, or ask to be dropped off at other locations to suit your needs.

We continue to be very busy with our core services including counselling, parenting, budgeting, and social work.

For further information phone us on 09 431 9080.

Best wishes from all at OCS

Paparoa Community Library

Most of us love a good book - even if you do read it on another platform - holding a book and losing yourself in its pages is half the fun of reading. Never mind the other countless benefits that reading brings.

A library is a valuable asset to any community and Paparoa Library needs our community to make better use of this great little facility.

We welcome new members for free and your library card allows you to use the 5 Kaipara libraries and if we don't have a book you particularly want we can often source it from one of our other libraries in the district - order it, and it's often in for pickup the same week. You get notified by text when your book is available. Books from other libraries can also be returned to Paparoa and will be forwarded on each Thursday.

Out of hours books can be returned to the returns box inside the door to the right at Skeltons Drapery in the village.

The Library is open 6 days a week - and our opening hours are a fixed post at the top of our FB page - Kaipara Libraries Paparoa - and also listed below. We have a great team of willing volunteers on site to help make your library experience easy and enjoyable.

Most importantly a library is

all about the books. We have something for all ages and all genres - a large Fiction section with a lot of old favourites/authors, and all the latest titles as they come in - Kids and Young Adults section, Large Print, Audio Books, Non Fiction, and a very popular NZ Section. Something for everyone including a wonderful TUTU Collection. And if its not there just ask a librarian and we will see what we can find.

Where are we? We are tucked around down the drive behind the medical centre, that's where you'll find us! Plenty of parking available too.

Looking forward to your visiting us, joining up and enjoying the pleasure of reading a book

Paparoa Community Library Hours

Monday 2pm- 4pm
 Tuesday 11am- 1pm
 Wednesday 2pm- 4pm
 Thursday 11.30am- 1.30pm
 Friday 11am- 1.00pm
 Saturday 10am- 12midday

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It's a Dog Thing

Safety around dogs

Do you know a young person, or do you need a hug?

I became a 'canine coach' to help people develop relationships with dogs and give them an understanding of how the dog's mind works so they could educate the dog to be a smooth part of their life.

This month we have begun teaching dog safety to groups and have started offering therapy sessions for groups in the community.

Children and dogs, an age-old debate, it is my opinion that YES young people must be exposed to dogs and other animals.

This is a beautiful way to develop compassion, empathy and ultimately responsibility. These skills are to be learned gradually with guidance from adults and people with experience - think of it as turning a tap rather than flicking a switch. So how can we turn the tap without creating a flood? We do this by providing appropriate leadership and education.

In situations where young people and dogs will be cohabiting, we as the adults can become complacent and assume that our young people know how to conduct themselves safely around any dog or that all dogs are safe like ours. Alternately we have young people who are raised in animal free households. This happens more and more as the times change so how do we make sure these young people have a working understanding to keep themselves safe?

Our dog safety workshop covers what to do when you see a dog that you don't know. How to read canine body language and signals, how to greet strange dogs, other things to be aware of, and how the environment



Co existing, bringing back memories

may affect the dog's ability to happily engage with you.

Similarly, as we age and our lives change, we may find ourselves without an animal for the first time. It is proven that contact with animals is good for your heart and soul alike.

Dog therapy is a passion for us, we work with groups to establish what they would like from us and how we can be of service to them. Whether it be a 'show' of dogs doing tricks, dogs for physical contact or for the dogs to sit quietly and coexist.

If you would like to talk about any of these services, feel free to email or phone ejmcleave@gmail.com 0273835194.

Lissie Cleave



Dog safety with Mangawhai St John cadets

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Maungaturoto and Districts Rotary

While we have not had a great deal happening in our club during the past few weeks, we have enjoyed the fellowship that our meetings offer. There have also been improvements in Nikau Grove, especially around the kauri tree.

We have had three major functions for Rotary during May. The first was our District conference at Alexandra Park. This conference never fails to produce some excellent speakers. These were many and varied but several that really impressed were David Downs- Chair of the WELL foundation- who spoke of his personal involvement with this organization and about a cancer treatment he had, previously available only off-shore, at huge expense, now available in NZ. Of course Cat Levine (Tai Tokerau Mental Health and Wellbeing) gave an inspirational presentation, ably assisted by her daughter. Her Dad, Phil Aish, (an 83 year old) spoke of his practical support for Hawkes Bay farmers by taking down his earth-moving equipment and spending several weeks re-shaping farm access areas that had been washed out. Also of interest were Elaha Yousufi (from Afghanistan- who had been sponsored to NZ by a Rotarian) who spoke of her life there as a woman and her life now as a very successful business person. Three wheelchair athletes (including Lisa Adams) spoke to the Conference topic, Imagine, Inspire and Innovate, and all three certainly did that and gave us food for thought about how they had handled their disability.

More recently we have had RYDA (Rotary Youth Driving Awareness) This was the first time that we had met at Wellsford for RYDA where we joined with both Rodney and Mahurangi Colleges. The programme was similar to previous years and the topics that received the most interest were: Road Choices, taken by two local Police officers. Some of the points highlighted were- increased number of crashes by restricted licence holders in comparison to learner's and full; the effect of demerit points; and the implications with insurance if driving with restricted licence and passengers. Another topic that proved thought-provoking for the students was "The I in Driving"- which gave the students a chance to think how they would react if they were in a car with a person who was driving unsafely. As always, the Crash Investigation with Kelly (who has a head injury) was a wakeup call as students see how disabled she now is, and the end to her university study.

Another event was the RYLA (Rotary Youth Leadership) dinner. To be in a room with about 25 inspirational 20-28 year olds who had spent a week together developing leadership skills was a fantastic way to spend an evening. I also got a chance to meet our candidate, Melanie, who was grateful for our sponsorship and the mentoring she received as well as the positive interaction in the group. The young people decided to use the sergeant's session to raise funds for "Sweet Louise" a breast cancer support group. The evening concluded with a made up rendition of RYDA sung to the tune YMCA. This event was held at the Muriwai surf club and the only down side for me was finding out that houses that had been red-stickered because of possible slips behind, were not eligible for insurance payout because the house had not been damaged.

As you can see, the programmes that Rotary offers are many and varied.

Eileen Parsons 021 142 0357
Maungaturoto & Districts Rotary Club

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What do you need for your hobbies? Proximity to like-minded people? A spare room, studio, workshop or garage? A veggie garden, orchard, hen house or paddock?

Could you work from home? Or would you like a passive income?

The answers to these questions will help tell you what your next property will look like. Feel free to ring and share your dreams with me, and I wish you all the best in achieving YOUR property goals.

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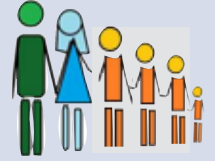
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From our family to yours

April saw a Rodent Graveyard



Cast your minds back to April, dear readers, when I introduced our new cat Jerry and made a prophetic announcement about him bringing me gifts of mice- this basically came true within a week.

The driveway is littered with the tiny bodies of his rodent victims. Tiny skink carcasses, flattened and tailless, lie about the lounge. One must watch where one steps, in case something newly dead is underfoot.

So far, one live mouse has come in - very much alive, much to Hudson's delight, as we hastily moved furniture to try and get it back outside. After all, catching mice is one thing, but bringing them in and having them remain inside is not actually helping. Not that Jerry sees it like that - he nonchalantly strode off after losing his toy and appeared to not even care. Cats, huh. So the mouse remained in the woodpile, occasionally scratching about to remind me of its presence, too terrified to emerge in case the fur beast was waiting to torment it further. But no, Jerry had moved on to fresh prey.



Around this time an odd odour began in the boys' room, something decaying, I don't mean to upset weak stomachs, but it wasn't pleasant. After a few days of not finding anything, and listening to my poor sons complain- aha! Let Jerry in and he will go straight to where the smell is! And he did. Under a rug, a flattened mouse. Hastily removed, the area sterilised, and life goes on...

I haven't seen any rats outside for a while. Word must have gotten around that their days are numbered. Although, if he brings me a live rat indoors and loses it, Jerry might be the one to have numbered days. (I'm kidding, hold back your letters...)

Have a wonderful mouse-free June!

PS. The mouse in the woodpile didn't make it either, as the fresh smell attests...

Jenny

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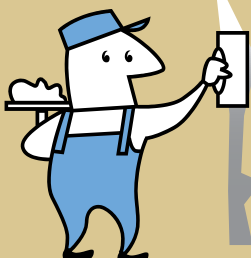
Do you know basic first aid, or where AEDs are in your area? Do you know how to prepare for or react in a disaster? Are you a qualified first-aid-er and want to help in your community?

Well, there are apps out there to help. You just need to download them onto your phone.

- * **AED Locations App.** Has a map and addresses of AEDs near your location.
- * **First Aid App.** From the NZ Red Cross. Free and comprehensive first aid and emergency response with step by step guides.
- * **Hazard App.** Sends alerts about earthquakes, tsunamis, floods and other hazards in your area.
- * **GoodSAM App.** A real lifesaver from Hato Hone St John and the Resuscitation Council. See opposite for how it works.

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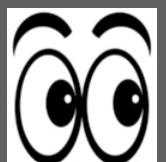


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Local equestrian news

This has certainly been a hard season for competitions with the weather and has seen a lot cancelled this season. We have a few local children who have done extremely well throughout the year either in Pony club or out and about in the competition circuits.

First of all Pony Club News, there are a few girls who attend Hakaru Pony Club and have had a great season passing certificates and making interclub teams for Wellsford Districts.

The qualifying dressage team consisted of Brooke Healey (Eastwood Ebony), Willow Frazer (Call Me classy) and Stevie-Raye Rawaho-Ball (Million Dollar Bill) who all had a great day.

The show jumping team consisted of Erika Savage-Serrano (Charlie)(65cm) and Stevie-Raye Rawaho-Ball (Million Dollar Bill) (80cm).

Stevie-Raye came away with Reserve Champion Rider and the 80cm team won overall. Brooke, Willow and Erika all passed the D+ certificates and Stevie-Raye her C.

Prizegiving saw Willow awarded with the games trophy and, shared with Erika, the Diligence and Improvement trophy. Erika also won the showjumping series trophy. Stevie was awarded the Dressage level 1 champion, overall junior dressage, FEI trophy for showjumping and Senior rider.

Erika and Stevie also attended the Northland Secondary Schools showjumping with 2 rounds Stevie placing for 2nd and 4th and Erika 7th.



Local Rider P.J Powell who is sponsored by Aria Ross Equine Advertising and Eurostables Scenar treatments competed in the Northland Showjumping mini circuit where he won the Training series.

There are a few winter series events before the start of next season.

Tina Ball

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Pets in the Valley



There are good people in this world and horrible people. Unfortunately it is the latter that dominate our news media because for some reason awful things seem to be more compelling for audience numbers. Anyway I know a really nice person that did a very nice thing after someone did a horrible thing. My friend noticed a skinny dog on the side of the road. She tried to catch it but it was terrified and ran away. She returned with help and bribes (food) and managed to catch this emaciated dog with very saggy teats that had obviously had pups recently. We checked her for a microchip but she didn't have one. She did have a few hundred extra passengers on board - crawling with fleas, so her skin was a



mess and she was very scared, especially of men. My kind friend took her on and worked her magic. Good food, flea and worm treatments, plus living in a home with lots of people and other animals, meant this dog now has a lovely life after a nasty start. Several weeks later

another lovely person bought a young dog into the clinic for me to check, I asked him where she came from and he said he had found her and another pup on the side of the road- in the same place where the adult dog was found. She looked very much like her mother. We decided he must have found the puppies first and because the mother was so scared she would have been hiding and was found later. The cutest ending the story is that both mother and pup had been given the same name-Lady! Cheers to all the lovely people in the world.

Take care, Janine

Science Corner

Scientists working together



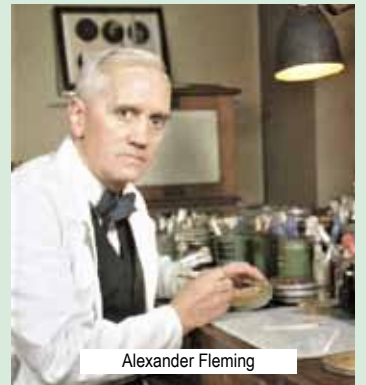
How scientists from different countries inspired each other to find solutions to cure diseases.

Two people who came from different countries - Germany and Japan- worked together back in the early 1900s to make the first man-made antibiotics. Paul Ehrlich and Sahachiro Hata had very different backgrounds.

Hata was the 8th son of a Japanese family who was adopted into a doctor's family and went on to study bacteriology and chemotherapy - specialising in finding out what caused the bubonic plague- a bacterium called Yersinia.

Paul Ehrlich was born in what is now Poland and went to the University of Leipzig where he became interested in the fact that some cells have an affinity for certain chemicals. After working on research into diphtheria and working on anti-toxins and serums successfully he chose to move into using chemicals not created by the body to attack certain diseases.

At this point in time arsenic was used to treat many diseases including "sleeping sickness" but unfortunately, arsenic is very toxic to humans. Ehrlich and Hata then began working together to find an arsenic compound that killed diseases but was kinder to the patient.



Alexander Fleming

In 1909 after testing 900 different compounds, they found one that didn't harm the human. Sadly, this one didn't kill the "sleeping sickness" but it did kill the microbe that caused syphilis- which was a seldom spoken of but very common disease at this time.

They called the drug Salvarsan or just 606 and it was an almost instant success.

Unfortunately some sections of the community were not very happy about this discovery as they believed syphilis was the result of divine punishment for sin and immoral acts- so therefore people shouldn't be cured!

This discovery inspired an Englishman, Alexander Fleming, who went on to develop penicillin- the single most effective drug of the century.

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Ras el Hanout

I was recently introduced to this aromatic Moroccan spice mix- and I'm hooked! Here's how you can make your own:

- 2 teaspoons each ginger, cardamom, mace
- 1 teaspoon each cinnamon, allspice, coriander, nutmeg, turmeric
- 1/2 teaspoon each black pepper, white pepper, cayenne pepper, star anise
- 1/4 teaspoon ground cloves

Combine the spice mix in a glass jar and store it in a dry, cool place away from heat and sunlight for up to six months.

- Rub it on the outside of your favourite meats- it's ideal for seasoning beef, pork, chicken, fish, or to mix into ground meat to make delicious burger patties or meatballs.
- Use on steaks, chicken breast, and vegetables for the bbq.
- Sprinkle on roasted vegetables, or add to stews or soups.
- Mix with full-fat Greek Yogurt, or sour cream to make a dip chips or kebabs.

June Gardening Notes

Now that we are into the first month of winter, many plants will relish this change of season- but luckily the bugs don't. Still, there are various tasks to keep the gardener occupied.

Do a final cleanup in the garden - cut up dead or messy looking branches and remove seed pods that you don't want to self-sow and become weeds. Perennial flowers are dying down so trim them back and apply fresh mulch and sheep pellets. Complete lifting summer bulbs, removing any soil, and store in a dry place.

Prune fruit trees now to control their shape or summer prune to reduce their vigour. Removing old fruit from around all fruit trees helps break the life cycle of bugs. Spray with copper oxide chloride to help eradicate overwintering bacterial and fungal infections, and a horticultural oil such as Conquer spraying oil to provide a physical barrier against scale, mites and mealy bug. Spray again with copper oxide chloride in spring- especially stone fruit which are prone to fungal problems. If and when symptoms such as curly leaf in stone fruit appear, its too late.

Check citrus trees - if branches are bending under the sheer weight of over laden fruit, remove some of the fruit and shorten branches to prevent breakage attracting pests and diseases.

Now is the opportune time to plant any other new trees and shrubs allowing them to get established over the cooler, wetter months.

Traditionally the shortest day is known for the planting of garlic, but anytime between May and July is okay. It's preferable to buy the garlic cloves from a garden centre but if bought from the supermarket make sure they're NZ grown - not imported. Break up bulb into separate seed cloves a few days in advance to help break them out of dormancy. Don't grow garlic cloves in the same spot as last year as this makes them prone to soil born diseases. Prepare the soil where you plan to plant by digging in aged manure, compost and slow release fertilizer. Bury the cloves 2-3cm deep, 20 cm apart in rows, 30 cm between rows, allowing plenty of space and reducing the chance of fungal infections. Cloves can rot if planted straight into soil that's too wet, in which case start in pots and transplant when established.

Plant parsley to replace any going to seed.

Tidy up old strawberry beds removing runners, and dead and diseased leaves. New plants forming on these runners can be planted out in pots to establish into strong healthy new plants before planting out into fresh soil enriched with compost, sheep pellets and strawberry manure. Strawberries need a good period of chilling over winter to encourage earlier and longer yielding plants. Start planting now through till July so your strawberries will get the benefits of those cold winter temperatures.

There will come a time when only those who know how to plant will be eating.



In the rose garden remove any fallen leaves and diseased foliage to ensure no diseases emerge next season from left over fungal spores. Dispose of this waste away from the garden. Any roses that didn't perform well over summer can be transplanted to a new spot which could give them a new lease of life.

JR

Paparoa & Districts Community Showcase

Paparoa Hall, July 30th, 3:30pm onwards

Over 20 community groups on display
From sports groups to weed control with
everything in between.

Come along and see what is available in
your community, get involved!

The showcase will be followed by a free
winter supper.

Help your group to be seen?

To get involved

Email progressive.paparoa@gmail.com

Phone/text 0273835194



Event and supper courtesy of
Progressive Paparoa Inc



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her partner
Matty on
the birth of
their little
princess
Ruby-Rose**

OUT & ABOUT AROUND TOWN

Paparooa's Farmers' Market happens every Saturday morning, 9am - 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.

Artisan Market Fourth Sunday every month. Paparooa Memorial Hall 11am - 3pm. Next market June 25. Email artisanmarket.paparooa@gmail.com or ph Steph 027 452 7124 or Ruth 021 433 969.

Grow Whakatipu Paparooa Drop in for a chat, hands on experience, or a cuppa. Every Thursday & Friday 10am- 1pm.

Flax Weaving At Shop & Brew on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.



The greening of the green

Hmmm... it does say Village Green, but this takes it a bit far. A good day out hunting was it? Or just too lazy and tight to take it to the transfer station. At least they're tidy I suppose...



Paparooa Community Mid Winter Dinner

The Paparooa Sports and Recreation Association has their mid-winter dinner planned for 17 June at the Paparooa Sports Pavilion. All are welcome to come and enjoy good food, good company and no dishes! If you are new to the district this is a great way to meet up with others and have an enjoyable evening. We run these a couple of times a year to get the community together as well as to raise funds for the ongoing maintenance and running costs of the building. Bookings are essential, so get in early to reserve your place. Also please let us know when booking if you have any dietary requirements.

Contact Jane Bailey 4316 148 or lillian.jane.bailey@gmail.com

Libby, PS&RA

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You're Invited To

*Paparooa
School
150th
Celebration*
Tuesday @ 11am

June | 27 | 2023

Paparooa School 14 Franklin Road Paparooa

*RSVP by June 21 2023 to
admin@paparooa.school.nz*

We are waiting for
your arrival

WHAT'S ON - JUNE 2023

- The Kauri Museum** - open 7 days, 9am-5pm
- Paparoa Sports & Recreation Association Midwinter Community Dinner** - Sat June 17, Paparoa Sports Pavilion. See front page for booking details.
- Paparoa Primary School 150th Celebration** - Tues June 27, from 11am, see poster opposite and school news p2 for details.
- Paparoa Artisan Market** - Sun June 25th, 11am - 3pm, at the Paparoa Hall.
- White Rock Gallery** - Reopening at The Kauri Museum, July 1. See p4.

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

- Anglican Church St Marks** Hook Road, ph 431 8193 or 431 6224 for services info
- Ararua Church** 10.30am every Sunday. All welcome Ph 431 6622
- Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554
- Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163
- Exercise to Music** Tue 10.30am Paparoa Hall \$5 Ph Janice 021 0282 0969
- Farmers' Market** Every Saturday 9-Noon, Village Green, Linda 021 362468
- Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Maungaturoto
- Grow Paparoa** Thur/Fri/Sun 10am to 2pm at the Community Gardens
- Holy Trinity Anglican Church**, Maungaturoto, 1st & 3rd Sundays, 10am; 2nd & 4th Sundays, 4pm. All welcome
- Kaipara Marching Team** Weds 4-5.30pm, M'gto, Ph Lyn Hutchings 022 070 8674
- Line Dancing** Thurs 10am-noon Paparoa Hall Ph Jackie Cornes 027 368 7298
- Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520
- Matakohe Garden Circle** 1st Weds each month, 1pm, J Mackinnon 431 6689.
- Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm
- Maungaturoto and Districts Rotary Club** Maungaturoto Centennial Hall, Tuesday evenings 6pm, Ph Stella 021 149 0877
- Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262
- Outdoor Bowls** Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884
- Pahi Hall** available for hire Ph Tina 0210335128
- Paparoa Community Church** Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676
- Paparoa Garden Circle** 2nd Wed of month. Contact Raylee Over 431 6880
- Paparoa Hall** Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290
- Paparoa Library** Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12. Manager Jas Futter 022 678 1474. Returns Box at Skeltons
- Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion
- Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz
- Paparoa Primary School** 2023 Term 1 Jan 31 - Apr 6, Term 2 Apr 24 - Jun 30, Jul 17 - Sept 22, Term 4 Oct 9 - Dec 14. Ph 431 7379
- Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330
- Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042
- Plunket Ready Steady Wriggle** Mon 10am Sports Pav. Tina Ball 021 033 5128
- Selwyn Centre** Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224
- Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148
- St Mary's Catholic Church** Maungaturoto 10am Wed, 4pm Saturday
- Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 021 056 7163
- Tennis** For info ph Sue 431 6224 or Pete 0210567163
- Yoga For Everyone** Monday 6-7pm Maungaturoto Hall, Tuesday and Friday mornings 9.30am Paparoa Sports Pavilion. Ph 027 294 4855

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz

Paparoa Press CLASSIFIED ADVERTISING

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Help your community thrive and businesses survive

LOCAL TIDES for June 2023

TIDES - CALCULATED for PAHI-WHAKAPIRAU					
DATE	LOW	HIGH	DATE	LOW	HIGH
1st	14.42	8.41	17th	16.21	10.20
2nd	15.26	9.25	18th	17.04	11.03
3rd	16.11	10.09	19th	17.42	11.45
4th	16.56	10.54	20th	18.20	12.25
5th	17.42	11.42	21st	18.57	13.04
6th	18.30	12.33	22nd	7.26	13.44
7th	7.00	13.26	23rd	8.07	14.26
8th	7.55	14.22	24th	8.50	15.10
9th	8.52	15.20	25th	9.36	15.56
10th	9.52	16.21	26th	10.24	16.47
11th	10.53	17.25	27th	11.15	17.41
12th	11.55	18.30	28th	12.08	18.39
13th	12.56	6.54	29th	13.04	7.02
14th	13.54	7.52	30th	14.00	7.56
15th	14.47	8.45			
16th	15.36	9.34			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576
Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222
For urgent after hours medical service (Wellsford)..... 09 423 8086

DISTRICT NURSE Dargaville Hospital 09 439 3330
Healthline - 24 hour service..... 0800 611 116

HOSPICE KAIPARA Dargaville Hospital 09 439 3330

KAIPARA DISTRICT COUNCIL Helpline 0800 727 059
Mangawhai Office..... 0800 100 388

KAIPARA PHYSIOTHERAPY Lyndsay Bargh/Lynne Rhodes...09 4391656

LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969

LIONS CLUB PAPAROA President Jim Rowlands..... 09 431 7290

MAUNGATUROTO PHARMACY 09 431 8045

MAUNGATUROTO REST HOME 09 431 8696

OTAMATEA COMMUNITY SERVICES Community House 09 431 9080

PAPAROA LIBRARY Free Membership. ContactJas 022 678 1474
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PAPAROA PLAYCENTRE paparoa@playcentre.org.nz

PAPAROA PLUNKET .Plunket Nurse Louise 027 2823987 or 09 438 2508

PLUNKET Helpline 0800 933 922

PAPAROA PRIMARY SCHOOL 09 431 7379

PROGRESSIVE PAPAROA INC (PPI)Pete Hames.....021 0567163

PARENT PORT Inc. free help for families Linda 09 425 9357

St Patricks Day fun

A Fun Dance Day for kids was held on Sunday 21 May at the Paparoa Memorial Hall. Eleven girls aged 7-11 had a day trying different dance techniques including Jazz and Lyrical, as well as playing games and learning routines.

The teachers for the day were Keneisha and her assistant Natalia from Whangarei Academy of Dance & Performing Arts (WADPA). They inspired and encouraged the girls throughout the day, putting together and rehearsing routines for an afternoon performance.

At 3pm a crowd of family and friends gathered to watch the show. The girls had learned



four routines and did awesome dancing! Big thanks to Kaneisha and Natalia for all their hard work and for bringing the costumes.

If anyone is interested in coming to another Dance Day in future then text Millie on 027 412 6834, and we might try organise an August date.

Millie Kenyon



Playing it safe on Kaipara roads

We all use the roads in the Kaipara District, and we all know these roads have a great number of one lane bridges on them. This has been mentioned before but here's some colour photos to help explain to you who has the right of way in accordance with the arrows.

The easiest way to identify each sign is by the shape and colour, which also makes it easier to see from a distance as the arrows aren't clear until you're closer.



The blue square sign allows you right of way providing there is no vehicle already on the bridge.

The round circular sign with a white background and a red circle (the same style as Stop and Give Way signs) means we must give way to oncoming traffic. There should also be white lines and other road markings on the approach to the bridge to indicate a give way.

Also of concern is the number of walkers and runners on roads without footpaths. The road code states they should be on the side of the road facing oncoming traffic, providing it is safe to do so.



People need to make sure they can be seen, ie: wear high viz gear, not dark coloured clothing. This is particularly important at this time of year when people are now exercising in lower light when visibility is poor.

Garry Corbett
Kaipara Driving Academy

5 Questions for Gail & Ken Pianta

How long have you lived in the area? We moved here permanently two years ago but have owned the property since 2007.

What brought you here? Ken went for a drive one day, liked what he saw, and got Gail up for a look as soon as he could. We found the house and loved coming up to stay between tenants. When Ken retired we felt the time was right to make the move.

How do you fill your days? Ken potters about with assorted projects around the property. Gail still works teaching TM (Transcendental Meditation) and is also involved in several community groups. We are also kept busy with a social life that's never been busier.

What do you like about the area? The pace, the scale, the community spirit, the village feel and the potential. There's a real sense of history- and so many from the old families are still here. There is so much local talent (musicians and artists), and it's handy to be able to walk to shops and cafes- the new walkway from Franklin road through the showgrounds is wonderful. And how many other small villages still have a drapery?

What things would you like to see happen here? There needs to be more maintenance of the footpath from Franklin Rd to the main shops and there needs to be more overall beautification. It would be great to see some gardens and more trees as nothing was planted to replace the flowering cherries that were removed. We could have an avenue of trees down Franklin Rd. And can the trucks PLEASE slow down!

